



EXPLORE FORAGING

*Curious about the Natural world around you?
Come explore with the Friends of the Library!*

Date: Saturday, Sept. 24, 2022

Time: 10 a.m. to Noon

**Location: Community Room
Ballston Spa Public Library**

**Cost: FREE and open to the
public**

**Brought to you by Friends of the
Ballston Spa Public Library**



“Something about finding a wild plant and eating it appeals to everybody. It is a manifestation of a deeper inkling within us. Foraging is the oldest occupation of humankind. For most of our history, we knew no other way of living.” -Samuel Thayer, The Forager’s Harvest

FEATURED SPEAKER - ANNE BEST will give a talk inside the Library which will include foraging safety, the dos and don’ts of foraging, identifying wild plants and wild plants according to the season. Time will be allowed for questions and answers. Handouts will be available.

Anne Best has a lifelong interest in all things natural.

Anne studied Forest Biology at NYS College of Environmental Science & Forestry, and landscape design/horticulture at Cobleskill College. She had her own landscape business “Greenspace Horticulture Design” for 25 years. She has been a practicing massage therapist for 18 yrs. and a solo practitioner in Ballston Spa, NY for more than a dozen years.

